

## The Latest on Cohen Veterans Network (November 27, 2022)

Cohen Veterans Network (CVN) is a **not-for-profit philanthropic organization** that serves post-9/11 veterans, service members and their families through a nationwide system of mental health clinics. The network publicly launched in April 2016. View the current map of 23 <u>Steven A. Cohen Military Family Clinics</u>.

## **Current results across the network**

- Cohen Clinics have delivered care to over 46,000 clients across the country from April 2016 to date.
- The network is treating the entire military family: approximately 47% of our clients are non-veterans. We are treating parents, siblings, spouses or partners, children, caretakers, and others. While approximately 53% of all clients are veterans or active duty.
- Among all clients, women represent 52% of the population. Among just veteran clients, women
  make up about 30% of the group. This percentage is more than two times the size of the female
  veteran population in the United States.

## **Clinics without walls**

Nearly all mental healthcare being delivered through the COVID-19 outbreak has been online via <a href="CVN">CVN</a> <a href="Telehealth">Telehealth</a>, face-to-face video therapy.

- The network has provided over **63,000 Telehealth sessions thus far in 2022** (Jan. 1 through Oct. 31, 2022).
- In 2021, we delivered over 90,000 telehealth sessions (over 88% of all care).
- More than 65,000 telehealth sessions were delivered in 2020.

## **Additional resources**

- <u>Client Education Center</u>: Access resources in support of your mental health including Tools for Managing Stress & Worry, a free, self-paced online course designed for military families to help effectively manage stress and worry, and CVN Presents, a virtual Community Room featuring a variety of workshops, and seminars.
- <u>America's Mental Health Pulse Surveys</u>: Snapshots of the mindset of Americans on timely topics such as mental health during the pandemic, misconceptions about PTSD, and suicide prevention, with deep dives into the perspectives of veterans, active duty and their families.
- CVN Newsroom: Additional press releases and info sheets.

**ABOUT CVN** Our Steven A. Cohen Military Family Clinics treat a variety of mental health challenges including depression, anxiety, post-traumatic stress, adjustment issues, anger, grief and loss, family issues, transition challenges, relationship problems, and children's behavioral problems. Our high-quality care is confidential and accessible.

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