

The Latest on Cohen Veterans Network (April 18, 2024)

Cohen Veterans Network (CVN) is a **not-for-profit philanthropic organization** that serves post-9/11 veterans, service members and their families through a nationwide system of mental health clinics. The network publicly launched in April 2016. View the current map of 24 <u>Steven A. Cohen Military Family Clinics</u>.

Current results across the network

- Cohen Clinics have delivered care to over 67,000 clients across the country from April 2016 to date. Since inception, the network has provided over 575,000 clinical sessions.
- The network is treating the entire military family: approximately 44% of our clients are non-veterans. We are treating parents, siblings, spouses or partners, children, caretakers, and others. While approximately 56% of all clients are veterans or active duty service members.
- Among veteran clients, women make up about 34% of the group. This percentage is more than two times the size of the female veteran population in the United States.

Clinics without walls

• The network provided over **41,000 telehealth sessions** in 2023, which is approximately 54% of all care.

Additional resources

- <u>Client Education Center</u>: Access resources in support of your mental health including Tools for Managing Stress & Worry, a free, self-paced online course designed for military families to help effectively manage stress and worry, and CVN Presents, a virtual Community Room featuring a variety of workshops, and seminars.
- America's Mental Health Pulse Surveys: Snapshots of the mindset of Americans on timely topics such as mental health during the pandemic, misconceptions about PTSD, and suicide prevention, with deep dives into the perspectives of veterans, active duty and their families.
- <u>CVN Newsroom</u>: Additional press releases and info sheets.

ABOUT CVN: Our Steven A. Cohen Military Family Clinics treat a variety of mental health challenges including depression, anxiety, adjustment issues, anger, post-traumatic stress, grief and loss, family issues, transition challenges, relationship problems, and children's behavioral problems. Our high-quality care is confidential and accessible.

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