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The Steven A. Cohen Military Family Clinic at Centerstone and The U.S. Army Parachute Team, "The Golden Knights" Host Event to Celebrate Month of the Military Child



Photos and B-roll can be downloaded here.

FAYETTEVILLE, N.C. (May 3, 2023) – The Steven A. Cohen Military Family Clinic at Centerstone in Fayetteville celebrated Month of the Military Child in partnership with The U.S. Army Parachute Team, "The Golden Knights," by hosting a full-day event for 150 local high school students to learn about the importance of mental health and resiliency.

Students at the event were treated to demonstrations on what it's like to be a Golden Knight, static aircraft displays, a live DJ, and refreshments.

"We know that when a military member serves, the entire family serves, including military children," Jennifer Smith, Clinic Director at The Steven A. Cohen Military Family Clinic at Centerstone, Fayetteville said. "This event with The Golden Knights was a great opportunity to celebrate military kids in our community and remind them that we are here to support them through all of the ups and downs of military life."

Miss North Carolina Karolyn Martin, who is a military child, attended as a special guest as well as representatives from community organizations who work with military families.

"It was an honor to celebrate my fellow military children during month of the military child," Martin said. "It was such a fun day and I was happy to play a small part in it. I hope the students left feeling celebrated and knowing that their flexibility and tenacity will take them far in life!"

The Cohen Clinic at Centerstone is part of Cohen Veteran Network (CVN), a national not-for-profit network of 23 mental health clinics for post-9/11 veterans, active duty service members and their families. Since its inception in 2016, approximately 47 percent of clients treated by CVN have been veterans or military family members of which 16 percent have been children. Military children often cope with the challenges of their parents' multiple deployments and long-term separations, as well as frequent military moves or permanent changes of station (PCS).

The Cohen Clinic in Fayetteville offers brief, evidenced-based, client-centered therapy for a variety of mental health challenges, including depression, anxiety, adjustment issues, anger, post-traumatic stress, grief and loss, family issues, transition challenges, relationship problems, and children's behavioral problems. Services are available regardless of discharge status, role in uniform or combat experience. Treatment is available inperson and throughout North Carolina via telehealth.

For more information on the Cohen Clinic at Centerstone in Fayetteville, N.C. visit: <u>centerstone.org/cohen-military-family-clinic/fayetteville/</u>, email <u>cohenNC@centerstone.org</u> or call (910) 500-1800.

About Cohen Veterans Network:

Cohen Veterans Network (CVN) is a 501(c)(3) national not-for-profit philanthropic organization for post-9/11 veterans, active -duty service members and their families. CVN focuses on improving mental health outcomes, operating a network of outpatient mental health clinics in high-need communities, in which trained clinicians deliver holistic evidence-based care to treat mental health conditions. It was established in 2016 by philanthropist Steven A. Cohen with a commitment of \$275 million to build the network. Learn more about CVN here.

About Centerstone:

Centerstone is a not-for-profit health system providing mental health and substance use disorder treatments. Services are available nationally through the operation of outpatient clinics, residential programs, the use of telehealth and an inpatient hospital. Centerstone also features specialized programs for the military community, therapeutic foster care, children's services and employee assistance programs. Centerstone's Research Institute provides guidance through research and technology, leveraging the best practices for use in all our communities. Centerstone's Foundation secures philanthropic resources to support the work and mission of delivering care that changes people's lives.