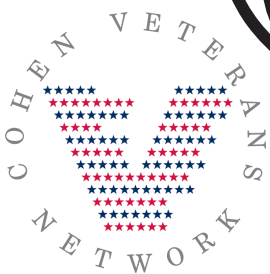


MIGHTY MILITARY KIDS ARE SUPERSTARS!

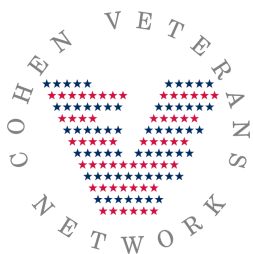
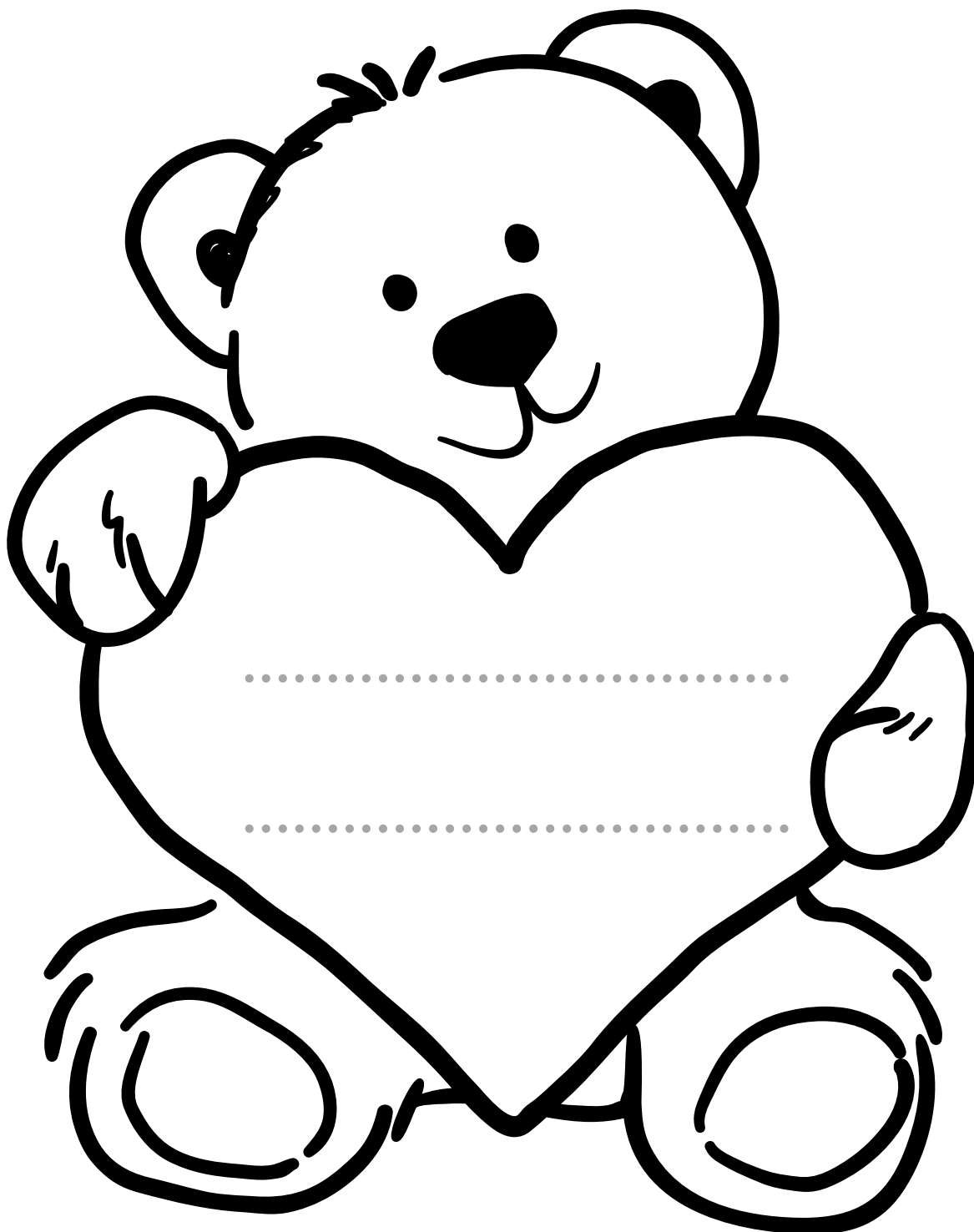


#MightyMilitaryKids

Name: _____

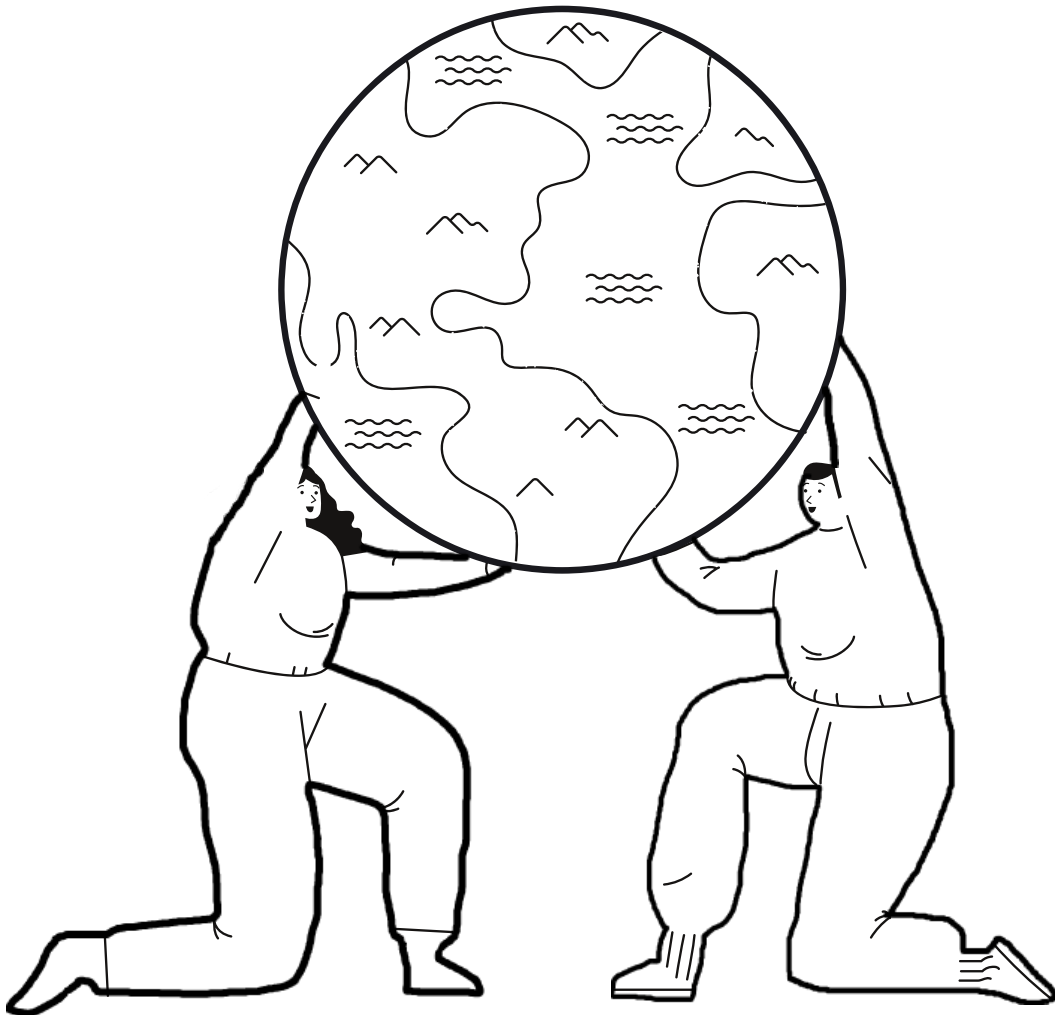
Date: _____

Directions: Color the picture below and write why you are a mighty military kid!



#MightyMilitaryKids

*Mighty Military Kids
mean the world
to us!*



#MightyMilitaryKids

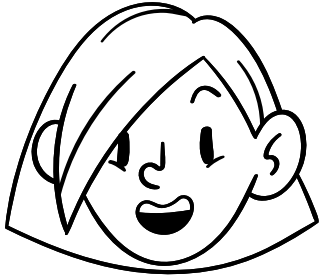
Meet my mighty military family!



#MightyMilitaryKids

Your Daily Check-in

How are you feeling today?



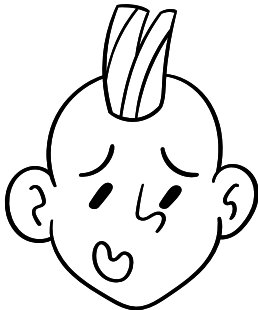
happy



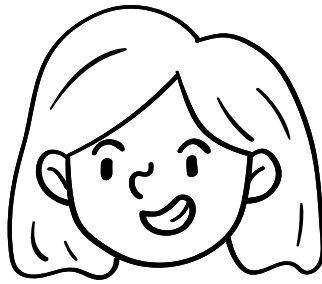
sad



angry



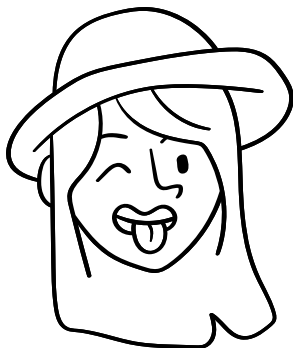
shy



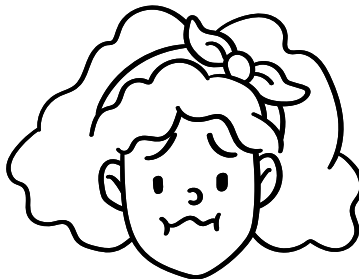
proud



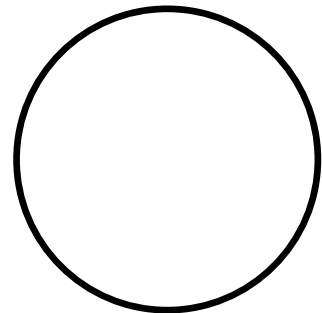
tired



silly



scared



something else



You can feel more than one of these emotions.

Can't find your feelings here?

Share it with your counselor or a parent.

[#MightyMilitaryKids](#)

Today I feel...

Circle the way you feel.

Happy

Sad

Angry

Nervous

Excited

Tired

Worried

Focused

Confused

Joyful

Confident

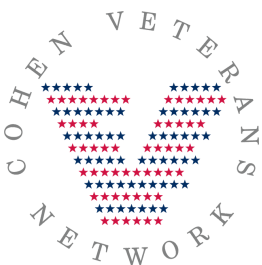
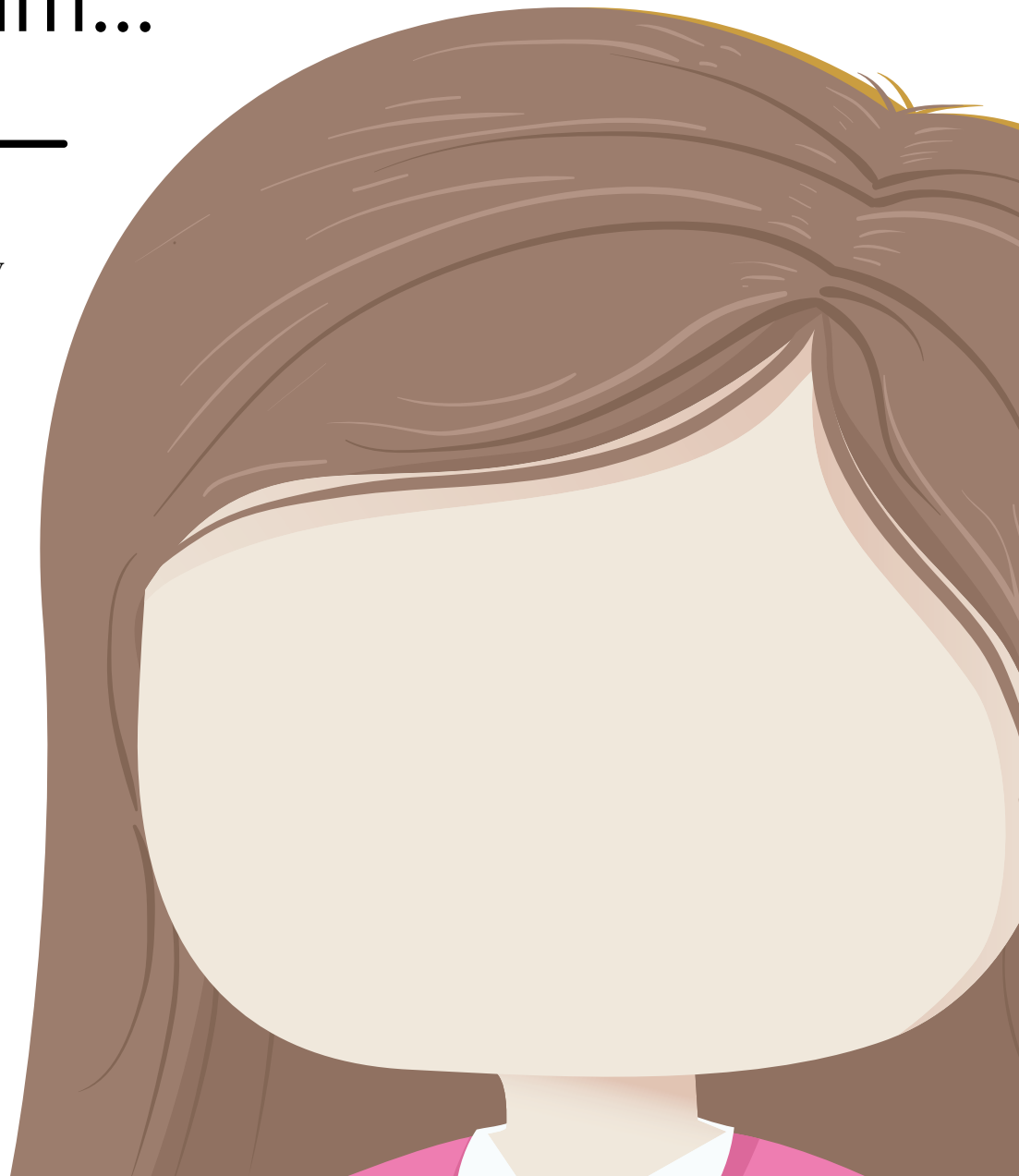
Upset

Write a word to describe your feelings.

Today I am...

Draw a face showing the way
you feel today..

#MightyMilitaryKids



Today I feel...

Circle the way you feel.

Happy Sad Angry Nervous Excited
Tired Worried Focused Confused
Joyful Confident Upset

Write a word to describe your feelings.

Today I am...

Draw a face showing the way
you feel today..

#MightyMilitaryKids

